

TENTATIVE ELITE FREESTYLE CAMP SCHEDULE

**** Meet camp counselor in dorm lobby 30 minutes prior to every session ****

MONDAY, JUNE 14TH

300-430pm Check-in, Smith Hall, https://housing.unl.edu/smith-hall

700pm Technique: NU Wrestling Room

TUESDAY, JUNE 15th

630-730am Breakfast

900am Technique: NU Wrestling Room

1100-1200pm Lunch

300pm Drill + Live wrestling: NU Track

500-600pm Dinner

700pm Technique: NU Wrestling Room

WEDNESDAY, JUNE 16th

630-730am Breakfast

900am Technique: NU Wrestling Room

1100-1200pm Lunch

300pm Drill + Live Wrestling: NU Track

500-600pm Dinner

700pm Technique: NU Wrestling Room

THURSDAY, JUNE 17th

630-730am Breakfast

900am Technique: NU Wrestling Room

1100-1200pm Lunch

300pm Drill + Live wrestling: NU Track

500-600pm Dinner

700pm Games: Memorial Stadium

FRIDAY, JUNE 18th

630-730am Breakfast

800am Stadium run: Memorial Stadium

930am Check-out