

ELITE FREESTYLE CAMP SCHEDULE

**** Meet camp counselor in dorm lobby **30 minutes prior to every session** ****

MONDAY, June 17

300-430pm Resident check-in, Smith Hall
645pm Commuter check-in, Hendricks Training Complex, 1600 Court St., Lincoln, NE 68588
700pm Technique: NU Wrestling Room

TUESDAY, June 18

630-730am Breakfast
900am Technique: NU Wrestling Room
1100-1200pm Lunch
300pm Drill + Live wrestling: NU Track
500-600pm Dinner
700pm Technique: NU Wrestling Room

WEDNESDAY, June 19

630-730am Breakfast
900am Technique: NU Wrestling Room
1100-1200pm Lunch
300pm Drill + Live Wrestling: NU Track
500-600pm Dinner
700pm Mindset Talk – Dorm Lounge

THURSDAY, June 20

630-730am Breakfast
900am Technique: NU Wrestling Room
1100-1200pm Lunch
300pm Drill + Live wrestling: NU Track
500-600pm Dinner
700pm Games: Memorial Stadium

FRIDAY, June 21

630-730am Breakfast
900am Technique: NU Wrestling Room
1030am Check-out